

**FOOD STUDIES AND NUTRITION  
SOCIOLOGY AND PSYCHOLOGY  
ITALIAN LANGUAGE AND CULTURE**



**Prof. BARBARA PARISI**

**Food Studies, Nutrition and Sociology:**  
**Food for Thought (SOC 2545 – Temple University Rome),**  
**Nutrition (NUTR 297 – The Pantheon Institute for Penn State University, Rome)**  
**Food and Society (IT 009 – The Pantheon Institute for Penn State University, Rome)**  
**Italian Language and Culture:**  
**Italian Language (IT1001 – Temple University Rome)**  
**Italian Language (All Levels – The Pantheon Institute for Penn State University,**  
**Program in Rome, and Various American University Programs in Rome)**

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Citizenship: Italian

**EDUCATION**

Corso di **Laurea Magistrale** in “Psicologia Cognitivo Comportamentale” abilitante alla professione di Psicologo,  
***Post-Graduate Master's Degree Course in Cognitive Behavioral Psychology (Qualifying for the Profession of Psychologist), “UniFortunato” University of Rome,***  
(anticipated July 2025)

Master Post-Laurea in “Psicologia Organizzativa delle Istituzioni e dei Gruppi”,  
***Master's Degree in “Organizational, Institutional and Groups Psychology”,***  
***“Universitas Mercatorum” of Rome,*** course work nearly completed (anticipated July 2024)

Master Post-Laurea in “Alimenti, Nutrizione e Dieta Mediterranea”,  
***Post-Graduate Master's in “Nutrition and Mediterranean Diet”,***  
***Universita' Degli Studi Di Roma "Tor Vergata",*** November 2015

Corso di Aggiornamento Post-Laurea in "Metodologia e Pratica dell'insegnamento", presso il Dipartimento di Psicologia dei processi di Sviluppo e socializzazione e Pedagogia,  
***Post-Graduate Master's in “Methodology and Teaching Practice”,*** Department of di Pedagogy, “La Sapienza” University of Rome, July 2006

Laurea di Dottore in Lettere  
(Magistrale post-Bologna), con tesi del Corso Sperimentale in Pedagogia,  
***M.A., B.A. in Humanities and Liberal Arts with a major in Pedagogy,***  
***with a final thesis on “The use of non-verbal communication in teaching, how to prepare teachers”, used for the new professional training and refresher courses for all teachers in Italian schools,***  
***“La Sapienza” University of Rome,***  
April 1994.

## BOOK PUBLICATION

Italian Translation: “Soluzioni Nascoste”, by Dan Castro –Verdechiario Edizioni, 2016.

English Translation: “Healing Voice - The healing sound of psychic singing”, by Krisztina Nemeth - Verdechiario Edizioni, 2015.

English Translation: “The Nutrition Revolution - Your Guide to Longevity”, by Frank Laporte-Adamski - Verdechiario Edizioni, 2015.

B. Parisi Presicce e M. Valtieri, “.it”: Italian Grammar in Use, Collana Teke Didattica, Roma, 2008, 255p, ISBN 978-88-903933-2-7.

## LANGUAGE SKILLS

Native Italian.

Near native fluency English, oral, spoken, written. Fluent French, oral spoken.

## WORK EXPERIENCE

### Temple University Rome Campus

#### Professor for the courses:

##### **“Food for Thought: Sociological Thinking About Food” - SOC 2545**

Responsible for designing and teaching a course on Food Studies in the Sociology department, analyzing and researching to create a more equitable, sustainable, healthy, and delicious world. This course is conducted in English for all students.  
August 2019 – present.

##### **Italian Language and Culture - IT 1001**

Responsible for designing and teaching the course. An introduction to the use of the Italian language and culture, basics of grammar, oral communication, writing and reading.  
January 1996 – present.

### **The Pantheon Institute** (mostly for students from Penn State University) – Rome

#### **Academic Advisor** for the students.

January 2022 – present

#### Professor for the courses:

##### **“Food and Society” - NUTR 297**

Responsible for designing and teaching a course on Food Studies in the Health and Nutrition department, analyzing factors that influence what people eat in the US. This course is conducted in English for all students.  
January 2015 – present.

##### **Italian Studies: “Italian Culture Through Food” - It 099**

These courses are conducted in English for all students. September 1999 – present.

##### **Italian Language, all levels - It 001, It002, It 003**

##### **Advanced Italian Language and Composition, “Pathways to Fluency”, Isxx 400**

##### **Italian Studies: “Topics in Italian Culture, Cinema and Narrative”, IT297**

September 1994 – present.

## OTHER TEACHING EXPERIENCES

### **Temple University, Rome Campus**

#### **Voice IV – Voice for Musical Theatre - THTR 2142**

Responsible for designing and teaching the course. A continued/advanced study of audition, performance and interpretive methods including material selection, role preparation, and musical, dramatic, vocal analysis and presentation.

Spring 2022

Instructor of **Italian language and culture** at:

**Richmond University, Rome Study Center**, Spring 2015 -2018

**Florida State University – Rome Program**, Summer semesters 2011-2014 **Woodbury**

**University – Rome Program**, September 2010 – 2015

**University of Arkansas – Rome Program**, Summer semester 2013

**University of Miami – Graduate Program in Rome**, 2006-2009

**Rhode Island School of Design, Rome Campus;**

**Cornell University, Rome Campus;**

**University of Washington, Rome Campus;**

**Iowa State University, Rome Campus;**

and other American Universities with Programs in Rome.

### **“Parliamo Italiano” Language School in New York.**

Italian private instructor during my studies of music and languages at NYU in New York (USA).

December 1987 – March 1991.

## REFERENCES

**Mary Conran**, Chief Academic Officer and Associate Professor Temple University, Rome

Email: [mary.conran@temple.edu](mailto:mary.conran@temple.edu)

**Emilia Zankina**, Dean of Temple University Rome,

Email: [emilia.zankina@temple.edu](mailto:emilia.zankina@temple.edu)

**Patrick Murphy**, Associate Dean, Klein College of Media & Communication at Temple University, former Associate Dean Temple University Rome

Email: [murphy.p@temple.edu](mailto:murphy.p@temple.edu)

**Romolo Martemucci**, Director of The Pantheon Institute,

Email: [rmartemucci@pantheoninstitute.com](mailto:rmartemucci@pantheoninstitute.com)

**Kim Strommen**, ex-Dean of Temple University in Rome,

Email: [kim.strommen@templerome.it](mailto:kim.strommen@templerome.it)

**Rosanna Graziani**, Dean of Richmond University, Rome Study Center,

Email: [r.graziani@richmondinrome.it](mailto:r.graziani@richmondinrome.it)

Other references can be supplied upon request.

### **Links:**

<https://rome.temple.edu/about/faculty-staff/barbara-parisi>

<http://www.pantheon-institute.com/academics-courses/pantheon-institute-faculty/barbara-%20parisi-presicce/>

## **OTHER PROFESSIONAL EXPERIENCE**

**Musical and Visual Artist for Albums, Film Soundtracks, and Concerts.  
Singer-Songwriter and Actress in both English and Italian.**

## **EDUCATION**

Several years of lessons in opera singing with the American teacher Barbara Leifer, both in NYC and in Rome.

Continued vocal technique studies with the tenor Luigi Rumbo, in Rome.

Graduated in Vocal technique at “Roy Hart Theatre”, Anduze, France.

1987 - 1996

### **Regular Live Performing Artist (Singer):**

Jazz Clubs, VIP Lounges, and Private Events in Rome.

Many private events (for Bulgari, Fendi, etc.) in Rome and in all Italy.

Many private events of the Embassies in Rome, of the clubs (Circolo degli Scacchi, Circolo dei Magistrati, Circolo del Polo, Circolo Parioli, Circolo Forum, Quirinale).

In piano bars in Rome with weekly appointments: Roof Garden Hotel Eden, Hilton, Jazz Cafè, Hotel Baglioni, Hotel Minerva, Hotel Luxe Rose Garden.

In the summer seasons: at the Golf Hotel in Riva dei Tessili (Taranto), Poltu Quatu (Costa Smeralda, Sardinia), Forte Village (Cagliari, Sardinia), Golf Resort Argentario, Cortina, Palm Beach (Maldives), Hilton in the Bahamas, and this year at the Verdura Forte Resort (Sicily).

In clubs in Rome: The Place, Alexander Platz, Gregory's, Piper, Arciliuto.

Sang as soprano in Los Angeles in a contemporary operetta of the Conservatorio di S. Cecilia in Rome, presented at the University of Southern California.

Since 1998 – present.

### **Live performances and/or recordings with:**

Eric Daniel, Aidan Zammit, Pino Iodice, Riccardo Biseo, Amedeo Ariano, Danilo Riccardi, Steve Cantarano, Stefano Sorrentino, Stefano Di Battista, Paolo Vivaldi, Dario Rosciglione, Mario Puccioni, Mario Castelnuovo and many others.

Since 1998 – present.

## **Album Recordings for CD, Itunes and all the audio and video platforms:**

“Blossom Love” on the CD Mystic Diversions, vol. IV, 2006,

produced by Mike Francis

<https://open.spotify.com/track/6NhwckFLcaHWnYLzSWXdZo?si=eb38cab055e14ba9>

“Justice”, by Barbara Parisi, ed. RAIcom, 2013

Barbara Parisi, under contract with RAI for various films

<https://open.spotify.com/album/1uOovoVxwpUYfNwhYXSURc?si=aLnxBdT2T4af43XwdqMGNw>

“Steps”, by Barbara Parisi, under contract with RAI for various films

ed. RAIcom (link on Spotify), 2014

[https://open.spotify.com/album/45vDu19Lhn68omwuHp6E9p?si=jreeTd\\_fSOS11htbhoVZYw](https://open.spotify.com/album/45vDu19Lhn68omwuHp6E9p?si=jreeTd_fSOS11htbhoVZYw)

“My Songbook”, by Barbara Parisi, cover Jazz Songs,

edizioni CDRome (link on Spotify), 2020

<https://open.spotify.com/album/3wjxuHAM1mXc4NaHYTxSAa?si=VPnLjW9LReuFRRq6B8puYg>

“Sei tu che mi hai rubato il cuor”, by Barbara Parisi, for the film “Fernanda”

ed RAIcom, 2023

<https://open.spotify.com/track/5LqKBWKPlWPTozlSJPNBks?si=e4af4f2d34c644ef>

And other collaborations, singing and writing music and words for other artists.

**Other album Recordings for Cinema/Movies:**

“Euclide era un bugiardo”, Rai 3 TV Channel, 2003, director Viviana Di Russo.

“Un caso di coscienza”, Rai 2 TV Channel, 2013, director Luigi Perelli starring Sebastiano Somma.

“Le due leggi”, Rai 1 TV Channel, 2014, director Luciano Manuzzi starring Elena Sofia Ricci.

“Il Giuduce Meschino”, Rai 1 TV Channel, 2014, director Carlo Carlei starring Luca Zingaretti.

**Links to website and youtube channel:**

<https://www.barbaraparis.com/site/>

<https://www.youtube.com/channel/UC3Dw59VKk64y5BEcXPOO-3w>

**OTHER PERSONAL EXPERIENCE****Simultaneous Interpreter:**

Interviews of musicians, singers, actors and film directors in Rome and in the USA including Richard Gere, Tom Cruise, Brenda Russell, Carl Anderson, Chris Barron, John Popper, and many others.

April 1998 – present.

**Certified teacher of “Pilates” and “Postural gymnastics” (with the “FIF”, Federazione Italiana Fitness), and teacher of Modern Dance, Aerobics and Stretching:**

Formerly teaching courses at the Farnese Fitness Gym (Vicolo delle Grotte 35 – Rome)

Currently teaching courses at the Omega Fitness Gym (Via del Monte della Farina 14 – Roma)